Spam Complaints

Last modified on: 09/08/2025 8:07 pm MST Tags: Deliverability SPAM Keap-Pro Keap-Max

In email marketing, **spam** is often thought of as unsolicited or unwanted email. In practice, however, spam is **anything a recipient marks as spam or abusive**.

Every person you email has the ability to report your message:

- Through their email provider (ISP): For example, by clicking "Report Spam" in Gmail, Yahoo, or Outlook.
- **Through the unsubscribe link:** Every email sent from the Keap network includes a CAN-SPAM-compliant unsubscribe link that also provides options to mark the email as spam or abusive.

Keap receives these reports in two ways, both of which count toward your overall **spam complaint/abuse report rate**:

Provider Feedback Loops

When a contact marks your email as spam or junk within their inbox, the email provider may send Keap a notification through a **Feedback Loop (FBL)**.

- Not all providers participate in feedback loops, and some (like Google) send very few or no reports back.
- When available, these reports allow Keap to identify which message generated the complaint.

Internal Abuse Reports

Keap also tracks abuse signals from the unsubscribe process. Every email sent through Keap includes an **unsubscribe link** in the CAN-SPAM block. When a contact clicks it, they see an opt-out form with options such as:

- I did not request email from this sender
- This is not the content I expected
- I received emails more often than I expected
- This email is spam and should be reported
- I've previously unsubscribed

On the **Opt-out screen**, these selections are recorded as **Complaint types** in the **Recent Complaints report** (found in the *Complaints* section of the *Email Health – Last 30 Days* widget).

Note: If a recipient does not select a reason, or they choose "I no longer want to receive these emails," it is **not counted as abuse**. This is the ideal outcome when someone opts out, as it shows they simply unsubscribed without flagging the email as spam.

This screenshot shows the Opt-out screen. In red is what you will see under the Complaint type row in the Recent complaints report. The report is in the Complaints section of the Email Health (Last 30 days) widget.

We're sorry to see you go. Why do you want to unsubscribe from these emails? O I no longer want to receive these emails Uninterested O I did not request email from this sender Unsolicited O This is not the content I expected Inappropriate ○ I received emails more often than I expected Frequency O This email is spam and should be reported Spam O I've previously unsubscribed Already Unsubscribed Additional comments Do not remove

It is generally accepted in the email marketing industry that spam rates over 0.1% (1 complaint per 1000 unique email addresses sent to per provider) are excessive. This metric is tracked per email provider and not as global rate. The Math used to determine this rate is as follow:

Total number of abuse reports divided by the total number of unique counts of email addresses sent to multiplied by 100. The goal is to be at or below a rate of .100 per provider. In the app, on the email health widget, the spam rate is a global number and not per provider. When looking at the email data dashboard the complaint rate is split up by provider. If a user's global rate is above .100 there are issues to deal with and you can help the users by looking at the email data dash to see the per provider breakdown.

To get an idea of your spam percentage you can look at the **Email Health (Last 30 days) widget** under the Complaints section. There you can find the Recent complaints report. You can also look at each email broadcast report and manually tally your rates.

Common Causes of Spam Complaints

Lack of Permission

When a contact shares their information with you, make it absolutely clear that they are signing up for email marketing from your company. We recommend using a checkbox and a double opt-in sequence to ensure that permission has been granted.

Specific Examples:

- A list of email addresses was purchased from a third party.
- The list of email addresses was borrowed from another user/business.
- The list of contacts was obtained from a trade-show or event
- Someone gave you their business card
- A customer purchased a product from your company and they are automatically signed up for a weekly newsletter
- A customer requests a free e-book and they are automatically signed up for the weekly newsletter as

For more details on email marketing expectations grab a copy of our Email Marketing Best Practices Handbook

Poor Expectations

Contacts will often mark unexpected emails as spam. Set expectations for the recipient about your emails in regards to what, when, how often, and from whom.

Specific examples of poor expectations:

- The contact opts-in for ONLY the monthly newsletter, but they unexpectedly receive weekly or daily promos/offers
- You inform your recipient that they will be receiving monthly newsletters, but you don't get around to it for a few months, then suddenly start to 'blast' emails to make up for lost time.
- You keep a very consistent pattern of a weekly newsletter then decided to send daily with no warning or consent from your customers
- Customers sign up for what appears to be an informative newsletter, but the emails only consists of ads or promotional material
- The content of the email does not relate to the content of the landing page
- The customer receives great email marketing for a time, but on occasion they get emails not relating to what they signed up for
- From address changes or is different from the landing page or business name

Remember, Keap has great tools to help keep your email frequency consistent and within the expectations you set. For more details on email marketing expectations grab a copy of our Email Marketing Best Practices Handbook

Inconsistent Branding

Branding needs to be consistent from the signup page to the email. If the email recipient doesn't recognize who sent the email there is a good chance it will be reported as spam.

Hiding the Unsubscribe Link

On occasion we've seen our customers hide the unsubscribe link so that an email recipient can't remove themselves from the email marketing list. Not only is this illegal and a violation of Keap's Acceptable Use Policy,, but it causes more spam complaints because it leaves the recipient no other options to opt out.. Don't do this, as you risk having your email functionality suspended.

Spammy Subject Lines

Describe clearly and directly what you are sending. People have developed an amazing ability to spot spam based on the subject line alone and will flag an email as spam without even opening it. Only use subject lines that are specific and relevant to your content.

Avoid anything that is deceiving or misleading, such as "RE:" or "FW:" Avoid vague phrases like "What's up?" or "A quick reminder". Avoid spam related words like "FREE" or including monetary amounts like "Earn \$500 Today".

Why Spam Complaints Matter

Keap wants to deliver our customer's emails to their customer's inbox. All of our customers share in our email network and if our network is deemed to send too much spam too often then we may lose our ability to do so or it will be greatly inhibited.

Keeping our spam rates low is a great way to show the ISPs that accept our emails that we are a responsible email sender and that our emails are wanted and expected by the recipient. If the ISP believes that emails from Keap and its customers is wanted then all of our customers have a much better chance of being successful email marketers.

How to Fix Spam Related Issues

If you have received an email from the Keap Compliance Team about excessive spam complaints being generated by your application then please read this section carefully and enact the measures needed to reduce your spam footprint.

- Audit your email marketing list and ensure that you have explicit permission to send email
 marketing to everyone on the list. If you have permission questions then reach out to support or reread the Email Marketing Best Practices Handbook.
- Audit your webforms and landing pages to make sure that permission is voluntary, the expectations are clear and the branding is consistent.
- Audit your email sending practices to verify that your sending schedule adheres to the expectation set on the landing pages.
- Verify that subject lines are not spammy
- Double check your from address and ensure that it is consistent and recognizable
- Perform List Hygiene We recommend removing any contacts from Broadcasts/Automations that
 have been unengaged for > 12 months and contacting directly and contacts that have been
 unengaged for 6-12 months. Identify unengaged contacts in your list by:
 - Login to your application.
 - Navigate to Reports > Email engagement tracker
 - Sort by Time Since Last Engagement
 - Select all contacts that have a Time Since Last Engagement value of over 12 months -
 - Go to Action dropdown and select Update Opt-In/Out Status -
 - Select Opt-Out and Process Action.
 - Return to the **Email engagement tracker Report**
 - Select all contacts that have a **Time Since Last Engagement** value of **6-12 months**
 - o Go to **Actions** dropdown and **Apply a Tag** so these can be found easily later -
 - Create a new tag, i.e., Bad Engagement, and then select the Apply radio button and then
 Save
 - Go to Contacts > Contact Lists > Create A List > Add Filter; Other Fields Tags
 - Select **Includes Any** and enter the tag name just created
 - o Enter a name for this list i.e., Clean Up Engagement
 - For each of these contacts, go into the Contact Record and remove any tags (Other > Tags) for upcoming broadcasts and if necessary remove them from any automations.